

KEMPER KONNECTION

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A Word to the Wise... What to give mom for Mother's Day

Mother's Day is around the corner. Children are busy preparing a wondering homemade gift for mom. Coffee filter flowers, or perhaps a real flower planted at school in a handpainted pot. Maybe a butterfly painted with their little footprints. Sunday morning breakfast in bed. Handmade coupons for mom, redeemable for cleaning one's room, or giving mom an hour of quiet time. Mother's Day is a time to honor the woman who gave us life, and so much more.

Above all, moms are known for the infinite wisdom they impart to us as we go through life. We all have specific words of wisdom we remember mom repeating over and over. We shall be ever-grateful for their wise words:

- Cleanliness is next to Godliness.
- Never put off tomorrow what you can do today.
- A watched pot never boils.
- Put your best foot forward.
- I have a memory like an elephant.
- Actions speak louder than words.
- Strike while the iron is hot!
- Love your neighbor as yourself.
- Early to bed, early to rise, makes a person healthy, wealthy & wise.
- Measure twice, cut once.
- Better safe than sorry.
- Find a penny, pick it up and all the day you'll have good luck.
- Half a loaf is better than none.
- Children should be seen and not heard.
- Treat others like you would like to be treated!
- Finish your supper! People are starving in China.
- Just wait 'til your father gets home!
- You can't go back; you can only go forward!
- Always do what's right!
- Judge not lest you be judged!
- No one knows what goes on behind closed doors.
- He's riding for a fall...
- Walk softly but carry a big stick
- He who laughs last, laughs best.
- A new broom cleans...and sweeps all the trash away.
- Idle hands are the devil's workshop!
- When a task is once begun, never leave until it's done!
- Better late, than never.
- The buck stops here, Harry.
- That's the straw that broke the camel's back.
- That's a fine kettle of fish...
- Let the good times roll.
- That's the goose that laid the golden egg.
- His bark is worse than his bite.
- Still waters run deep
- Be quick as a wink
- Pursue happiness...It is a moral obligation.
- All good things must come to an end.

My favorite piece of wisdom is that *mother knows best*, but I didn't heed that advice until I became a mom myself!

Mother's Day took on a new meaning for me nearly four years ago when my first son was born just two days prior. The nurs-

es in the hospital made a sign for his bassinette wishing me a happy early mother's day. In his four years of life, he has taught me much about what it means to be a mom, and he's inspired me to try to be a better person. I know the years ahead will be filled with many lessons too—for both of us! Now each year, I look forward to celebrating his birth—the event that ushered me into the ranks of motherhood—in tandem with Mother's Day.

What does Mother's Day mean to you? It probably isn't the kind of day it used to be. For those of us dealing with Alzheimer's, it is a time to honor our two moms — the one who has already left us and the one left behind.

There are many ways you can honor mom (or dad, as Father's Day is coming in June!) on her special day. The gift of time, a visit from you (if geographically possible) might be just enough. Looking for a gift to give to mom? Consider the stage she is in when selecting a gift. In the early stages, gifts probably wouldn't be much different than what you would have given before a diagnosis of Alzheimer's or a related disorder. More ideas for each stage:

Early Stage

- Classic movies and TV shows
- Activity books: math games, crossword puzzles
- Music CD's – especially music that also stimulates reminiscing
- Reading material that reflects the interests of the reader

Middle Stage

- Activities to inspire reminiscing
- Senior Activity Books
- Any manipulative device that promotes movement (of the hands, arms, etc.)
- Simple games and puzzles
- Anything that stimulates any of the senses

Late Stage

- Nature videos that feature visual and auditory stimulation
- Doll or stuffed animal
- Weighted lap pad or apron
- Twiddle®Muff

For more information on these gift ideas, go to www.best-alzheimers-products.com.

Wishing you a very happy Mother's Day!

-Jenny Kemper

(The list of Mother's Wisdom was generated by our residents with Carol Sereix during recent creative writing activities.)

May Highlights



Special Events:

- 5/2– Party Man 2:00p
- 5/8– Skyline Chili Outing 11:00a
- 5/10– Steak n Shake 1:45p
- 5/16– Country Western Music 2:00p
- 5/17– Lake Erie Ride 1:45p
- 5/23– Violin Music w/ Jim 2:00p
- 5/24– Picnic at the Park 11:00a
- 5/28– Picnic Luncheon 12:00p
- 5/29– Eagles Club 11:00a
- 5/30– Crash the Guitar Man 2:00p
- 5/31– Country Maid Ride 1:45p

Weekly Events:

- Sundays: Communion 10:30 am
- Tuesdays & Thursdays: Bus Outings 1:45 pm
- Fridays: Popcorn & A Movie 6:30 pm
- Saturdays: Kemper Church 10:30 am

Memory Care Support Group

For those touched by Alzheimer's disease, dementia, or other memory impairments

**The First Tuesday of Every Month
10:00 am-11:00 am**

**The Ehrnfelt Senior Center
18100 Royalton Road
Strongsville, OH 44136**

You are not alone. Come Join others to discuss signs and symptoms, resources available, caregiving help, and other topics that you want and need to hear about.

**For more information call:
Kemper House (440) 846-1100 or
Ehrnfelt Senior Center (440) 580-3275**

*Just a
Reminder...*



Kemper HomeCare

Kemper Home Care is available to provide an escort for weddings, day trips, and reunions. Caregivers are also available to assist residents during hospital and rehabilitation stays.

Please call for rates and complete details of services today!

(216) 406-3550

www.KemperHomeCare.com

Enjoy Any Meal with Your Loved One!

Come in and enjoy breakfast, lunch or supper with your loved one.

The following is a reminder on how to use our meal service.

To ensure we have enough food, please call and make a reservation 24 hours in advance. The cost for each meal can be charged to your bill or, if you prefer, you can pay at the front desk!

**Breakfast-8:00AM– \$3.00
Dinner/Lunch-12:00PM-\$5.50
Supper-5:00PM-\$4.00**

Also, so that your loved one may enjoy their meal, please try to avoid calling between 12p-1p and 5p-6p.

Thank you!



A Gift for Mother

BY THE RESIDENTS OF KEMPER HOUSE STRONGSVILLE

Facilitated by Carol Sereix

Once upon a time, there were two children named Freddie and Jennie. Mother's Day was approaching...and Freddie and Jennie wanted to purchase a lovely gift for Mother. There was only one problem...The twins were very poor...They tried to earn some money by picking up loose tree limbs in the yard...Alas...no one had any money to pay them. The twins wanted to cut the grass, since it was very shaggy and high...But, what could they use to cut it? Scissors?? Freddie and Jennie wanted to wash the kitchen floor. It was looking muddy and sticky. But, when they went to wash it, the twins discovered the well had dried up...and there was no water. Perhaps mother would like some cotton candy, chocolates, and peanut brittle... Mother had a sweet tooth. But, the twins decided not to even try and get her candy...for her teeth were rotting, and she needed false teeth. They knew Mother could use a scarf or a stole...But when they went to make it, the twins discovered there was no yarn. Would Mother enjoy a night out at the movies---away from the children? She had been wanting to see "Lassie come Home"...But, when the children went to check out the theater, they discovered it was closed. The theater had been showing movies with violence and sex--not at all appropriate--and the church closed them down. Freddie and Jennie decided to wash the dishes for mother...But, not only was there no water...there was no soap...for mother had not made the lye soap that week. Mother's Day was HERE.... What could the children do? They had no money...and they didn't want to steal...So they decided to go into the woods and find wild flowers for Mother. They picked dandelions, daisies, violets, myrtle, golden rods, and Queen Anne's lace. Freddie and Jennie were elated as they skipped home to Mother.

They couldn't wait to give her their bouquet.

"HAPPY MOTHER'S DAY...HAPPY MOTHER'S DAY,"

the children said, as they handed the beautiful bouquet to Mother....Mother reached down and hugged Freddie and Jennie. She lovingly intoned, "Yacha Coam," "I love you, too!!"

The End

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Place
Stamp
Here

Phone: (440) 846-1100
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Web: www.KemperHouse.com

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*If you would like to be removed from our mailing list, please contact
Lydia West at lwest@kemperhouse.com or call 440-846-1100



Residents

Arden P.	5/28
Anne P.	5/30
Helen P.	5/30

Employees

Karen Reznik	5/7
Tammy Bryan	5/15
Jillian Rini	5/17
Julie Mooney	5/18
Renee Sebestyen	5/20
Richard Ambrosetti	5/21
Raquel Cola	5/28
Nancy Stevens	5/31

Welcome to the Neighborhood

Main Street Garden Way
Olga G.



In Memoriam

*May God bestow His blessings upon
those families and friends who have
lost their loved one.*

Russell H.

