



Sample Menu

1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	Orange Juice Farina Scrambled Egg Coffee Cake Milk	Orange Juice Ralston Scrambled Egg English Muffin/Jelly Milk	Grape Juice Grits Fried Egg Toast/Jelly Bacon Milk	Orange Juice Cream of Rice Scrambled Egg Pancakes/Syrup Milk	Apple Juice Cream of Wheat Scrambled Egg Sausage Links Toast/Jelly Milk	Orange Juice Oatmeal Shirred Egg French Toast/Syrup Milk	Orange Juice Farina Scrambled Egg Toast/Jelly Banana Milk
L U N C H	Chicken Cordon Bleu Rice Pilaf California Blend Vegetables Peach Wedge Dinner Roll Margarine Strawberry Shortcake Milk	Breaded Veal Cutlet Mashed Potatoes Cheesy Cauliflower Spiced Apple Ring Wheat Bread Margarine Vanilla Ice Cream Milk	Swedish Meatballs Noodles Carrots Parsley Sprig Rye Bread Margarine Peaches Milk	Chicken and Rice Casserole Green Beans Orange Slice Dinner Roll Margarine Banana Cream Pie Milk	Baked Pork Chop Au Gratin Potatoes Corn Parsley Sprig Wheat Bread margarine Applesauce Milk	Baked Chicken w/Gravy Noodles Broccoli Spiced Apple Ring Corn Muffin Margarine Raspberry Gelatin Milk	Meatloaf Red gravy Mashed Potatoes Mixed vegetables Parsley Sprig Dinner Roll Margarine Chocolate Pudding Milk
D I N N E R	Beef Stew Biscuit Margarine Shredded Lettuce Salad Ranch Dressing Pears Milk	Baked Breaded Fish Tartar Sauce Tater Tots Ketchup Cole Slaw White Bread Margarine Chocolate Chip Cookie Milk	Hot Turkey & Swiss Sandwich Potato Salad Dill Pickle Spear Cook's Choice Dessert Milk	Lasagna Parmesan Cheese Tossed Salad Italian Dressing Garlic Bread Mandarin Oranges Milk	Apricot Nectar Sloppy Joe on a Bun Peas Macaroni Salad Peach Wedge Carrot Cake Milk	Tuna Salad Sandwich Lettuce Leaf Potato Chips Three-Bean Salad Pineapple Milk	Cheese Quiche Orange Slice Banana Muffin Margarine Fresh Fruit Cup Milk